



U.S. Department of Health and Human Services  
Administration for Children and Families  
Office of Family Assistance



## NRFC Webinar Series

*Tips for Practitioners:*  
*Talking with Fathers about Early Child Development and Parenting Skills*  
May 22, 2019

### Helpful Resources

#### National Responsible Fatherhood Clearinghouse Resources:

- [Tip Card for Expectant Dads](#)
- [Tip Card for New Dads](#)
- [Tip Card for Dads of Toddlers](#)
- [Tip Card for Dads of School Age Children](#)
- [Healthy Fathers/Healthy Families](#)
- [The Benefits of Fathers Reading to Their Children](#)
- [Supporting Fathers of Children with Special Needs](#)
- Safety Tips for Dads: [Safety Tips to Keep Babies Safe](#) and [Safety Tips to Keep Young Kids Safe](#)
- Webinar (2013): [Working with Dads: Encouraging and Supporting Father Involvement from Birth through Adolescence](#)
- [Responsible Fatherhood Toolkit: Resources from the Field](#) (see next page for more information).

#### Other Resources:

- Badalament, J. (2010). *The Modern Dad's Dilemma: How to Stay Connected with Your Kids in a Rapidly Changing World*. Novato, CA: New World Library.
- Brott, A. and Ash, J. (2015). *The Expectant Father: Facts, Tips, and Advice for Dads-to-be* (4th Edition). New York, NY: Abbeville Press.
- Maps for Dads: Welcome to Dadhood and Doin' the Dad Thing, [Healthy Families San Angelo](#).
- Everyday Ways to Support Your Baby's and Toddler's Early Learning – tips from [Zero to Three](#).
- [FatherWork](#)—suggested fathering activities by age of child from Brigham Young University (developed by David C. Dollahite, Ph.D. and Alan J. Hawkins, Ph.D.).
- [Dynamic Dads](#)—a series of YouTube videos from Fathers Incorporated.
- [Developmental Guidelines and Positive Parenting Tips](#) – from the Centers for Disease Control and Prevention.

Take Time to Be a Dad Today

Toll-free: 877-4DAD411 (877-432-3411) | Fax: 703-934-3740 | [Help@FatherhoodGov.info](mailto:Help@FatherhoodGov.info) | [www.fatherhood.gov](http://www.fatherhood.gov)

 [facebook.com/fatherhoodgov](https://facebook.com/fatherhoodgov)

 [@fatherhoodgov](https://twitter.com/fatherhoodgov)

The following handouts can all be downloaded from the [Activities](#) section of the NRFCC's [Responsible Fatherhood Toolkit: Resources from the Field](#).

From *The Modern Dad's Dilemma: How to Stay Connected With Your Kids in a Rapidly Changing World*

- [The Modern Dad's Quiz: How Well Do You Know Your Children?](#)
  - This quiz can be completed by fathers on their own or with a fatherhood practitioner. Its goal is to show fathers how much they know about their children and encourage them to learn more if they don't know all the answers.

From the Maps for Dads curriculum

- Just the Facts Jack: [https://www.fatherhood.gov/sites/default/files/files-for-pages/Maps\\_for\\_Dads\\_Just\\_the\\_Facts\\_Jack.pdf](https://www.fatherhood.gov/sites/default/files/files-for-pages/Maps_for_Dads_Just_the_Facts_Jack.pdf)
  - A two-page handout with illustrations and layman's language that emphasize the basic facts about the importance of father involvement in a child's life.
- Bonding with Your Baby: [https://www.fatherhood.gov/sites/default/files/files-for-pages/Maps\\_for\\_Dads\\_Bonding\\_with\\_your\\_baby.pdf](https://www.fatherhood.gov/sites/default/files/files-for-pages/Maps_for_Dads_Bonding_with_your_baby.pdf)
  - Ideas that dads can use to bond with their infants and babies.
- Crying: [https://www.fatherhood.gov/sites/default/files/files-for-pages/Maps\\_for\\_Dads\\_Crying.pdf](https://www.fatherhood.gov/sites/default/files/files-for-pages/Maps_for_Dads_Crying.pdf)
  - Tips dads can use to respond to their crying babies.
- CHEEERS <https://www.fatherhood.gov/sites/default/files/files-for-pages/CHEEERS.pdf>
  - This resource can be used to structure conversations with dads about positive father-child interaction while reinforcing positive behaviors and assessing them over time. **CHEEERS** gets its name from father-child interaction:
    - How a father responds to the baby's **C**ues.
    - The quality and frequency of **H**olding.
    - What **E**xpressions he uses.
    - How much **E**mpathy a dad shows for his baby's feelings and needs.
    - The extent to which a dad promotes an **E**nvironment that supports the baby's growth and development.
    - Whether there is a smooth **R**hythm to father-child interaction.
    - How much dad **S**miles at his baby.

## Videos

The following videos illustrate some of the key points that the presenters are making in this webinar.

1. Antonio's Story (from The Fatherhood Project at Massachusetts General Hospital – 2:54 mins)  
<https://youtu.be/PFxfqB6qN8>
2. Serve and Return (from Alberta Family Wellness – 2:42 mins)  
<https://www.youtube.com/watch?v=TzMxrMJBZdQ>