



U.S. Department of Health and Human Services  
Administration for Children and Families  
Office of Family Assistance



## NRFC Webinar Series

### *The Intersection of Parenting and Relationship Skills: Fathers as Teachers and Role Models for their Children*

#### Helpful Resources

Feinberg, M.E., Jones, D.E., Kan, M.L., Goslin, M. (2010). Effects of Family Foundations on Parents and Children: 3.5 Years after Baseline, *Journal of Family Psychology*, 24: 532-542.

- Summary of the Family Foundations program evaluation.

National Responsible Fatherhood Clearinghouse (NRFC) (2017). [Preparing Fathers for Workforce Success](#).

- This brief provides tips to help fathers improve their social skills and work habits in areas such as effective communication, dependability, teamwork, integrity, and self-control.

NRFC (2014). [Implementing Parent Education in Fatherhood Programs: Putting Lessons from Research into Practice](#).

- This brief summarizes the research on two promising service delivery components (modeling and opportunities for parents to practice skills with their children) and offer suggestions for implementing them in fatherhood programs.

NRFC Webinar (2013). [Working with Dads: Encouraging and Supporting Father Involvement from Birth through Adolescence](#).

- Presenters on this webinar discussed ways in which fathers can utilize parenting skills to support children of all ages.

Pruett, K., Pruet, M., Cowan, C. & Cowan, P. (2017) [Enhancing Paternal Engagement in a Co-Parenting Paradigm](#). *Child Development Perspectives*.

- Findings from the Supporting Father Involvement initiative.

U.S. Department of Health and Human Services, Office of Adolescent Health (2017). [Co-Parenting: Resources and Best Practices for Service Providers](#).

- Resources and tips for programs working with young parents.

U.S. Department of Health and Human Services, Office of Adolescent Health (2014 Webinar). [Together We Can: The Important Role of Co-parenting for Expectant and Parenting Teens and Young Adults](#).

- Overview of lessons learned from two co-parenting projects for young couples.

U.S. Department of Health and Human Services, Administration for Children and Families, Office of Planning, Research, and Evaluation. [Parents and Children Together \(PACT\) Evaluation 2011-2018](#).

- Overview of this ongoing evaluation with links to published research reports.

Varga, Colleen M. & Gee, Christina B. ["Co-parenting, Relationship Quality, and Father Involvement in African American and Latino Adolescents."](#) *Merrill-Palmer Quarterly*, vol. 63 no. 2, 2017, pp. 210-236.

- Study suggesting that relationship quality may be of equal or greater importance than the co-parenting relationship as a point of intervention for improving father involvement of African American and Latino adolescents.

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