

BE A  
FAN  
OF YOUR  
KID

A full day of fun.

16 hours of activities bringing parents & kids together.



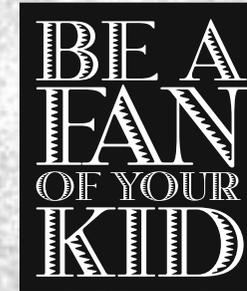
[www.BeAFanOfYourKid.org](http://www.BeAFanOfYourKid.org)

These groups are fans of your kid, too. Please support them.

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Time is the most important thing you can give your kids. And it's so easy to give. You'd be surprised. You don't have to be a great entertainer, do funny accents or even have anything in particular to do. Just spending time together is important. Especially when you consider the fact that the average father spends only 35 minutes a WEEK with his child. So we've created this book of free and easy things to do with your child. While it's a full day of fun, you don't have to do them all at once. Pick one or two a week, and then go back and do the ones you like over again. Or make up some fun activities of your own. Making time is the best way to Be A Fan Of Your Kid.



6 a.m.

Watch  
the  
sun •  
rise

Seeing the world bathed in a wash of pink from  
the rising sun can put a whole new  
perspective on your day.

7 a.m.

Make  
breakfast  
in bed  
for  
mom  
for no reason

Think about what Mom likes  
for breakfast and deliver it.

Don't forget to clean the kitchen!

8 a.m.

Draw  
a  
picture  
together

Grab some crayons. Don't pay attention to the  
lines, just create and color away.  
Sign it and put it up on the fridge.

9 a.m.

Play  
catch

Ah, the old stand-by. Form, ability and  
equipment don't matter. Try it on one foot  
or with one hand if it gets too easy.

10 a.m.

Play  
a board  
game

There's a reason why these games are still around  
even with the popularity of video games.  
They're fun and truly interactive.

11 a.m.

Go  
A for  
walk  
together

Destination: Up to you.  
Simply walking outside  
allows conversation to flow like it can't inside.

Noon

Make a  
picnic  
and eat it  
in the  
park

*Eating outside is fun and the food tastes better.*

*Spread out a blanket and eat outside for a change.*

*If it's cold, try a picnic in the living room.*

1 p.m.

Go to the  
train  
station  
and watch  
the trains  
depart

*There's something about these huge cars moving forward,  
slowly at first and then picking up steam, that can't  
be matched on television. You have to see them for yourselves.*

2 p.m.

Go to the  
**fire station**  
and talk with  
the **fire**  
**fighters**

With their uniforms, helmets and loud engines, these guys are kids' heroes. They're also great to get to know and might let you sit in the fire truck.

3 p.m.

Make  
up a  
**joke**  
together

It doesn't have to be funny to anyone but you two.

It can be as silly or as stupid as you'd like.

It will always be yours to share.

4 p.m.

Turn  
a chore  
into a  
secret  
mission

*An errand to the post office, cleaners or grocery store  
can turn into fun with the right spin.  
Sneak around corners and add sound effects where necessary.*

5 p.m.

Donate  
an hour  
to the  
needy

*Giving makes everyone feel good.  
Together pick a charity and donate an hour of time.  
Go back again if you like it.*

6 p.m.

• Make  
**dinner**  
for the  
**family**

*Pick a theme for the evening,  
and then plan, shop  
and cook a meal together.*

7 p.m.

**Make**  
some •  
**MUSIC**

*The Jacksons, the Osmonds, the Hansons.*

*These families made it big. All you have to do  
is make some noise.*

8 p.m.

No rules,  
just an  
hour  
of fun

*Now's the time to jump on the bed, make snowmen  
out of whipped cream or have an old fashioned pillow fight.*

*For an hour there are no rules.*

9 p.m.

Read  
a book  
together

*Take a trip to a far-off land,  
a different time, an impossible situation  
-all without leaving your living room.*