



U.S. Department of Health and Human Services  
Administration for Children and Families  
Office of Family Assistance



**NRFC Webinar Series**  
***Coparenting 201: Tips for Fatherhood Programs and Fathers***  
**May 27, 2020**  
**Helpful Resources**

**References from Dr. Brian Higginbotham's presentation**

- Reck, K., Higginbotham, B., & Dew, J. (2019). A longitudinal hierarchical examination of Smart Steps for Stepfamilies with ethnically and economically diverse couples. *Journal Family Issues*, 41(2), 183-211.
- Skogrand, L., Mendez, E., & Higginbotham, B. (2014). Latina women's experiences in a stepfamily education course. *Family Journal*, 22, 49 - 55.
- Reck, K., Skogrand, L., Higginbotham, B., & Davis, P. (2013). Experiences of Latino men in stepfamily education. *Journal of Divorce & Remarriage*, 54, 231-247.
- Skogrand, L., Mendez, E., & Higginbotham, B. (2013). Stepfamily education: A case study of two lesbian couples. *Marriage and Family Review*, 49, 504-519.
- Higginbotham, B., Davis, P., Smith, L., Dansie, L., Skogrand, L., & Reck, K. (2012). Stepfathers and stepfamily education. *Journal of Divorce and Remarriage*, 53, 76-90.
- Higginbotham, B., & Skogrand, L. (2010). Relationship education with married and unmarried stepcouples: An exploratory study. *Journal of Couple and Relationship Therapy*, 9, 133-148.
- Skogrand, L., Torres, E., & Higginbotham, B. J. (2010). Stepfamily education: Benefits from a group-formatted intervention. *Family Journal*, 18, 234-240.

**References from Dr. Armon Perry's presentation**

- Perry, A., & Langley, C. (accepted and in-press). Group based parent education intervention for non-resident fathers. *Research on Social Work Practice*.
- Perry, A., Rollins, A., & Perez, A. (2020). Fatherhood and coparenting: Full report. Philadelphia, PA: Fatherhood Research and Practice Network. Retrieved from <https://www.frpn.org/asset/fatherhood-coparenting>.
- Perry, A. (2019). Fatherhood and co-parenting: Team work makes the dream work. Retrieved from <http://www.rondofoundation.org/blog-3/>.
- Perry, A., Rollins, A., Sabree, R., & Grooms, W. (2016). Promoting paternal participation in maternal and child health services. *Human Service Organizations: Management, Leadership & Governance*, 40 (2), 170-186.
- Mazza, C., & Perry, A. (2017). *Fatherhood in America: Social work perspectives on a changing society*. Springfield, IL: Charles C. Thomas Publishers.

**National Responsible Fatherhood Clearinghouse resources**

- [The Importance of Co-Parenting and Relationship Skills: Helping Fathers Help Their Children](#) (Webinar, 2019)
- [Promoting Positive Coparenting Relationships: Tips for Fatherhood Programs and Fathers](#) (2019)
- [Coparenting Tips for Dads](#) (2019)

**Take Time to Be a Dad Today**

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### Other resources for practitioners and fathers

- All Pro Dad
  - [8 ways to build relationships with your stepchildren](#)
- American Psychological Association
  - [Coparenting and parenting pathways from the couple relationship to children's behavior problems](#)
- Fatherly.com
  - [Co-Parenting during coronavirus: 7 guidelines to help divorced parents](#)
- Fathers Incorporated
  - [Finding common ground: Communication tips for cooperative coparenting](#)
  - [Gentle Warriors Academy](#)
  - [Co-Parenting During a Crisis](#)
- MrDad.com
  - ["Our child is a brat and it's your fault" – tips for coparenting dads](#)
  - [When communication breaks down. Part 1](#) and [Part 2](#)
- Ted Talks
  - [How to co-parent as allies, not adversaries](#)
  - [The beautiful, hard work of co-parenting](#)
- U.S. DHHS/ACF/Office of Planning, Research, and Evaluation (OPRE)
  - [Coparenting and Healthy Relationship and Marriage Education for Dads \(CHaRMED\)](#)

### Books for Parents and Practitioners

- Adams, S. (2019). *Now what? A divorced dad's guide to parenting excellence*. [Butler Books](#), Louisville, KY.
- Ashley, S. (2001). *Fathers are forever: A co-parenting guide for the 21st century*.
- Klatter, W.C. (1999). *Live-away dads: Staying a part of your children's lives when they aren't a part of your home*.
- Reynolds, R., Houlston, C., Coleman, L., and Harold, G. (2014). *Parental conflict: Outcomes and interventions for children and families*.
- Ricci, I. (1997). *Mom's house, dad's house: A complete guide for parents who are separated, divorced, or remarried*.
- Woodall, K. and Woodhall, N. (2007). *Putting children first: A handbook for separated parents*.

### Resources for stepfathers

- Dad.info
  - [What does it mean to be a stepdad?](#)
  - [Top tips for step dads](#)
- Good Men Project
  - [Being a stepdad: 3 things that will absolutely wreck your relationships](#)
- HelpGuide.org
  - [Blended family and step-parenting tips](#)
- Lifehack.org
  - [Becoming a great step-dad](#)

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