



U.S. Department of Health and Human Services  
Administration for Children and Families  
Office of Family Assistance



**NRFC Webinar Series**  
***Using Virtual Technology in Fatherhood Programs***  
**April 22, 2020**  
**Helpful Resources**

**Resources for Practitioners**

- eLearningIndustry.com
  - [7 tips on how to prepare for teaching online](#)
  - [5 teaching techniques in the virtual classroom](#)
- Harvard Business Review
  - [15 questions about remote work, answered](#)
- Maher and Maher
  - [Essential skills for virtual workers](#)
- U.S. Department of Health and Human Services (HHS), Office of the Assistance Secretary for Planning and Evaluation (ASPE)
  - [Virtual case management considerations and resources for human services programs](#)
  - [Facilitating low-income families' use of emergency paid family leave: Considerations for human services agencies in supporting workers and their employees](#)

**Resource for researchers**

- Mathematica
  - [Tips to quickly switch from face-to-face to home-based telephone interviewing](#)

**Resources for Fathers**

- DaddySaturday.com
  - [Website](#) – including blogs, podcasts, and other resources
  - [Alexa Skill](#)
- Fatherly.com
  - [How To Make Coronavirus Lockdown Puzzles for Kids \(And Kill Time\)](#)
- AllProDad.com
  - [5 ways to make the most of social distancing](#)
  - [7 conversation starters for family dinners](#)
- National Responsible Fatherhood Clearinghouse
  - [Father-child activities while the kids are at home](#) (DadTalk Blog, April 13, 2020)
  - [Activities of the week](#)

**Take Time to Be a Dad Today**

Toll-free: 877-4DAD411 (877-432-3411) | Fax: 703-934-3740 | [Help@FatherhoodGov.info](mailto:Help@FatherhoodGov.info) | [www.fatherhood.gov](http://www.fatherhood.gov)

 [facebook.com/fatherhoodgov](https://facebook.com/fatherhoodgov)

 [@fatherhoodgov](https://twitter.com/fatherhoodgov)

### Resources for children

- [30 virtual field trips](#) (link provided by Family Connection of South Carolina)
- OpenCulture.com
  - [200 free educational resources for kids](#)
- National Responsible Fatherhood Clearinghouse
  - [DadTalk Blog \(April 13, 2020\)](#) includes a list of free online activities for children.
- Pender Harbor Ocean Discovery Station Kids Club
  - Online activities for kids <https://www.openpods.com/kidsclub>
- SesameStreet.org/Caring - [Caring for Each Other](#)
  - [Caring for Myself, Caring for Others](#) (30 second video for kids ages 2-6)

### Resources for fathers and families

- American Academy of Pediatrics
  - [Covid-19: Information, tips and resources for parents](#)
- Campaign for a Commercial Free Childhood
  - [School is closed. Now what?](#)
- Child Mind Institute
  - [Talking to kids about the coronavirus](#)
  - [Supporting kids during the coronavirus crisis](#)
- Child Trends
  - [Resources and recommendations to support and protect children's emotional well-being during the pandemic](#)
- Child Development Institute
  - [Helping Parents and Kids Stay Cool and Collected During the COVID 19 Outbreak](#)
- CommonSenseMedia.org
  - [Resources for families during the coronavirus pandemic](#)
  - [17 apps to help kids stay focused](#)
- Consumer Financial Protection Bureau
  - [Protect yourself financially from the impact of the coronavirus](#)
- Family Connection of South Carolina
  - For families with children who have autism: [Talk with your child about coronavirus](#)
- Fatherly.com
  - [Co-Parenting during coronavirus: 7 guidelines to help divorced parents](#)
  - [How to prepare for the coronavirus: A parent's guide](#)
- Harvard Medical School
  - [How to talk to children about the coronavirus](#)
- U.S. Department of Health and Human Services/Administration for Children and Families
  - [Stay safe and be informed about COVID-19](#)
- Generations United
  - [COVID-19 fact sheet for grandfamilies and multigenerational families](#)

- Good Men Project:
  - [How will you work from home and keep your kids engaged during COVID-19?](#)
- The Guardian (March 23, 2020)
  - [“Let your kids get bored:” Emergency advice from teachers on schooling at home](#)
- National Association of School Psychologists
  - [Talking to children about COVID-19 \(Coronavirus\): A parent resource](#)
- National Child Traumatic Stress Network
  - [Parent/Caregiver guide to helping families cope with the coronavirus disease 2019 \(COVID-19\) \(includes a Helping Children Cope chart with tips based on age of children\)](#)
- New York Times (March 11, 2020)
  - [5 ways to help teens manage anxiety about the coronavirus](#)
- PBS.org (March 6, 2020)
  - [How to talk to your kids about coronavirus](#) (March 6, 2020)
  - [With Senior Year In Disarray, Teens And Young Adults Feel Lost. Here's How To Help](#) (April 19, 2020)
- SesameStreet.org/Caring - - [Caring for Each Other](#) (games, videos, art “to help families breathe, laugh, and play together”)
  - [Caring for Myself, Caring for Others](#) (30 second video for kids ages 2-6)
  - [Elmo's Dad Sends a PSA to Overwhelmed Parents at Home: "You Are Doing an Amazing Job"](#) (1:24 minute video for parents)
- U.S. Department of Health and Human Services/Administration for Children and Families
  - [Stay safe and be informed about COVID-19](#)
- UNICEF
  - [How to talk to your child about coronavirus disease 2019 \(COVID-19\)](#)