

[VIDEO MONTAGE OF JOSEPH AND HIS CHILDREN]

My biggest fear in the middle of my addiction was that I would never be able to get over it and that my kids wouldn't have a father. I overdosed on heroin and I lived. And I started thinking, you know what? This isn't my story. For the longest time, fear held me back from ultimately being who I wanted to. I found the Fatherhood program and it was one of the best decisions I've ever made in my life. My desire to change had finally outweighed my desire to stay the same. I felt powerless for so much of my life, and it's important to me that my kids are empowered to truly believe that if...if they can think it, they can do it. I definitely had to become a better man to be a better father. For the first time I finally feel like I'm exactly where I should be...where I want to be.

[Never stop being a dad]

[# Dadication]

[fatherhood.gov]